

Talk a Lot

Health

Role Plays:

1. "But I must see my doctor now!"

- Place: Your local family doctor's surgery
Time: 10am
Characters: You and the doctor's receptionist
Situation: You need to make an appointment for today to see your doctor because you've got a very bad cold. You want to see the doctor now because at 10.30am you are going bowling, then having a haircut, then having a sauna, and then having a romantic meal – all with different people
- Scenes:
- You ask to see the doctor now, but there are no appointments until this afternoon
 - You phone your various friends to try to rearrange your day, but it's not possible
 - You fake a coughing fit and the receptionist has to decide whether to let you see the doctor now as an emergency, or stick to surgery policy...

If there are three people in the group the third character could be:

- One or more of your different friends on the phone*
- Your doctor*
- Another patient in the waiting room – someone with a more serious problem – who has been waiting to see the doctor much longer than you*

2. "It shouldn't cost the earth to keep fit!"

- Place: Your local gym
Time: 3pm
Characters: You and the gym manager
Situation: You want to keep fit and lose weight, but you don't want to pay the high prices charged by the gym
- Scenes:
- You speak to the manager about a discount. You say that you are a DJ on a local radio station and can give the gym good publicity for free if they give you some money off the monthly fee
 - The manager agrees to give you a free session at the gym today, and then talk about the discount later. You enjoy using the equipment at the gym
 - Unfortunately you break one of the running machines because you are too heavy for it. The manager has to decide whether to make a deal with you or not – and what about the cost of the broken machine?

If there are three people in the group the third character could be:

- Somebody else using the gym who also would like a discount on the monthly fee*
- The manager's area manager, who overhears the first conversation and is not happy*

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